

## Registration Fee

*Before September 3rd, 2010*

### September 19th only:

- \$75 (members of the CFCNIG)
- \$100 (non-member)

### September 19th:

- \$40 Banquet

### September 20th only:

- \$125 (members of the CFCNIG)
- \$175 (non-member)

### Register for both days and save:

- \$150 (members of the CFCNIG)
- \$200 (non-member)

*After September 3rd, 2010, all registrations add \$25*

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ PROVINCE \_\_\_\_\_ POSTAL CODE \_\_\_\_\_

TELEPHONE \_\_\_\_\_

### Type of payment

Check one:

- cash
- VISA\*
- MasterCard\*
- cheque

NAME OF CARDHOLDER \_\_\_\_\_

CARD NUMBER \_\_\_\_\_ EXPIRY DATE \_\_\_\_\_

CARD HOLDER SIGNATURE \_\_\_\_\_

*\* Please note a 3% charge will be added to all credit card registrations.*

### Refund Policy

Refund requests will be honoured, less a \$25 processing fee, if received prior to September 3rd, 2010. After this date refunds will not be issued.

### Hotel Reservations

A block of rooms has been reserved for conference participants. When making hotel reservations, be sure to quote #354044 for a special rate (single or double \$119). Rooms will be released on August 29th, 2010.

## Who Should Attend?

“All health care professionals interested in providing foot care services”

 For a copy of the brochure, more information or to register, call

**Victoria Bering (204) 663-1212**

**or toll free: 1-877-663-1212**

**or email: [vbering@clpnm.ca](mailto:vbering@clpnm.ca)**

# Demystifying Diabetes



Certified Foot Care  
Nurses Interest Group



Certified Foot Care  
Nurses Interest Group

Complete the registration form and return with payment to:

**Certified Foot Care  
Nurses Interest Group**

463 St. Anne's Road  
Winnipeg, Manitoba  
R2M 3C9

**10<sup>th</sup> Annual**  
**Certified Foot Care Nurses Interest Group**  
**Professional Development Day**

**September 19-20, 2010**

Victoria Inn - 1808 Wellington Avenue Winnipeg, MB

# 10<sup>th</sup> Annual Professional Development Day

Certified Foot Care Nurses Interest Group

## Sunday September 19<sup>th</sup>

11:15 – 12:00 **Registration**

12:15 – 1:15 **Diabetes Clinical Practice Guidelines: 2008 “Yes, Another Set of Guidelines”**

Dr. Sora Ludwig

*This presentation will review the 2008 evidence-based Canadian Diabetes Associations’ Clinical Practice Guidelines for the management of Type 2 diabetes.*

1:15 – 2:10 **Understanding Diabetic Foot Infections: A Case Based Approach**

John Embil MD, FRCBC

*Following a brief overview on infection prevention and control, using case studies and audience participation, this session will highlight the practitioner’s role in preventing infections.*

2:10 – 2:30 **Nutrition Break**

2:30 – 4:30 **Best Practice: Competency &**

**Accountability in your Foot Care Practice** Heather Orsted RN, BN, ET, MSc in Wound Healing & Tissue Repair

*This session will challenge the clinician to review these important questions when planning care: Is this the best care I can provide? Do I understand what type of care this client needs? Am I the best person to deliver care to this client? Is there something more I could be doing to help this client?*

4:30 – 6:00 **Wine & Cheese Reception**

6:30 – 10:00 **Banquet:**

Semi-formal theme  
Black /White



*After dinner, comedian Dan Licoppe’s will keep you entertained with his style of cutting edge, clever commentary on the world, as he sees it, combined with hilarious stories from his own life.*

*Dan has appeared in his own episode of Comedy Now on CTV Comedy Network, and other television comedy specials.*

## Monday September 20<sup>st</sup>

7:00 – 7:40 **Registration / Continental Breakfast**

8:00 **Greetings**

8:00 – 9:15 **Diabetes: A Practical Approach for the Foot Care Nurse**

Michelle Chrisp BN, CDE

*This session will focus on understanding the pathophysiology and progressive nature of diabetes; understanding lifestyle strategies for management; understanding the therapeutic action of common diabetic pills and insulin’s and their side effects.*

9:15 – 10:00 **Healthy Eating: Keeping your Clients on their Feet!**

Robin Miller RD, CDE

*This presentation will cover the basics of healthy eating for people with diabetes. The role of nutrition for preventing and managing the complications of diabetes will be discussed.*

10:00 – 10:30 **Nutrition Break / Exhibitors**

10:30 – 11:15 **Off Loading to Reduce the Risk**

Brian Scharfstein C Ped (C)

*This session will focus on the highlights and indications in reducing shear forces and pressure points on the high risk foot.*

11:15 – 12:15 **Charcot Neuroarthropathy**

Mario Dascal

*This session will focus on the destructive process most commonly affecting the joints of the foot and ankle in diabetics with peripheral neuropathy.*

12:15 – 1:30 **Lunch (provided) / Exhibits**

1:30 – 3:00 **Modern Tools & Techniques for Treating the Diabetic Foot**

Laura Roehrick RN, CFCN

*This session will focus on the use of the high speed podiatry file and appropriate burrs that will enhance the effectiveness in the preventive treatment and care of the diabetic foot. Several case studies, with before, after and during pictures and videos will be shown to demonstrate how the most severe cases of calluses, heel fissures, and dystrophic nails can be managed.*

3:00 – 3:30 **Nutrition Break/Exhibits**

3:30 – 4:15 **Advancing Foot Care Towards Certification**  
Mary MacKay RN, President, Canadian Association of Foot Care Nurses

*This session will identify some concerns of nursing foot care practice in Canada and the role of health care professionals, as well as taking a look at the impact certification will have on the application of foot care.*

4:15

**Wrap up – evaluations, door prizes**